



# CAREER GUIDANCE IN SPACE - ONE-STOP SHOPS FOR YOUNG PEOPLE

The project from the call " Development of one-stop shops Guarantees for young people in the regions of Slovakia" is implemented thanks to support from the European Social Fund plus within the Slovakia Program.



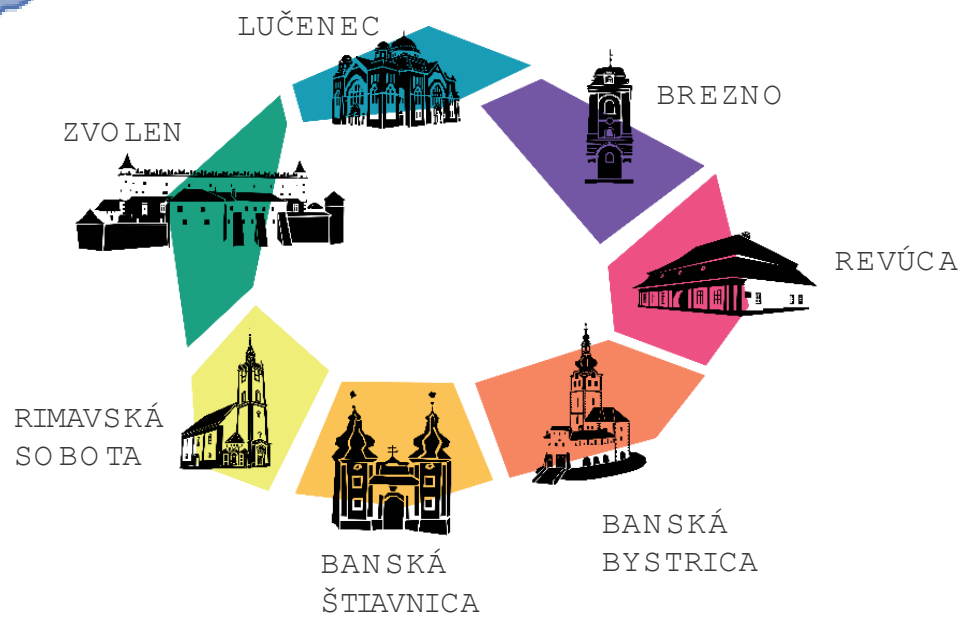
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**PROGRAMME  
SLOVAKIA**



**MINISTRY  
OF LABOUR, SOCIAL AFFAIRS  
AND FAMILY  
OF THE SLOVAK REPUBLIC**



# THE GOAL OF THE CURRENT PROJECT



- to support the increase of regional employment of young people,
- to support them in building their skills necessary for the changing labour market
- through the provision of coordinated and individualized services in one place – SPACE, one-stop shops in the region
- by implementing the proven Finnish model

# THE DURATION OF THE PROJECT

1/2024 – 6/2029

# THE TARGET GROUP OF THE PROJECT

In accordance with the Council's Recommendation on the bridge to jobs - strengthening the guarantee for young people:

- young people in a NEET situation, under the age of 30, who are neither employed nor in education or training;
- young people at risk of the NEET situation: students of primary and high schools, including students with SEN; young people with disabilities; young people from MRC, nationals of third countries, including migrants; young people who have attained an education lower than secondary vocational education; young parents; young adults leaving foster homes; young people after completing their prison sentence.
- children in need (In accordance with the Council Recommendation establishing the European Guarantee for children)



# MAIN PILLARS OF OUR WORK



# MISSION OF SPACE – ONE-STOP SHOPS FOR YOUNG

## PEOPLE



- To create an accessible space where a young person who finds himself in a difficult life situation can find safety and support.
- Build relationships that empower young person to take a responsible and active approach to life.
- To be a place of inspiration and discovery of one's potential, where every young person is accepted, listened to and respected.
- To offer comprehensive services of development, support, advice and information

FOR A FULL-FLEDGED APPLICATION IN WORK AND PERSONAL  
LIFE ACCORDING TO THE NEEDS AND POSSIBILITIES OF A  
YOUNG PERSON





# COMPLEXITY OF PROVIDED PROFESSIONAL AND INFORMATION SERVICES

Outreach work and information services

Creative and developing activities InnoLab

Short-term non-formal education activities

Long-term programs for the development of soft skills through non-formal education

Non-formal education in acquiring career management skills

Coaching

Career counseling

Social counseling

Psychological counseling

Mentoring

# EMPLOYEE EDUCATION IN THE CONTEXT OF SPACE

- Continuous education and development of professionals is one of the key values of SPACE and the Development Agency BBSK.
- 7 SPACEs – 42 specialist workers
- The Staff is trained and supervised in various areas: professional training for work with youth, coaching approach, career counseling, non-formal education lecturing, etc. We try to continuously provide this education to new colleagues as well.
- We have ongoing mentoring meetings and supervisions (in individual and group form) led by expert consultants of the project for workers providing individual services.





# CAREER COUNSELING IN THE CONTEXT OF SPACE

- 16 workers were trained through the accredited training of the Association for Career Counseling and Career Development, 2 are currently undergoing training and 2 will complete it next year.
- Group mentoring takes place continuously in groups of 2 x 2 hours per month.
- Topics for deepening practice, process, methods when working with the target group, e.g:
  - ✓ Group work with NEETS
  - ✓ Work with cards (creative mentorings)
  - ✓ Job interview and accompanying
  - ✓ Contract in career counseling,
  - ✓ evaluation - work with the ORS scale in career counseling
  - ✓ active labor market measures
  - ✓ information resources in career counseling when working with NEETS
  - ✓ Networking in career counseling
  - ✓ Career counseling for citizens of Ukraine





# OUTPUTS FORM PRACTICE (1 – 10/2024)



**Individual form of career counseling: 524 activities for more than 170 clients**

**(with psychological counsel. top service provided in SPACE)**

**Group form of career counseling: 66 activities with 843 visits**

- „I am very glad that something like Space was created. It is very useful and helps us a lot in life.“
- "I felt good, everything was great, I will definitely use it in my life.“
- „It was an interesting activity, we want to do it again.“
- "I felt calm and respected, it was a great experience.“
- „They liked the activities the most, where we were advised on choosing a future profession and also those focused on discussion.“
- „It was helpful. I thought that I can learn about a possible profession in a different way than from tests.“
- „Thank you for your attention and care.“
- „I find the opportunity to undergo free individual career counseling interesting and beneficial, I have not been offered a similar service.“





# ALMA AND CAREER COUNSELING



## PREPARATORY PHASE

### Group career counseling focused on:

- strengths, qualities, talents, interests
- preferences in the work area
- importance of teamwork and cooperation and team communication

### Individual career counseling focused on

- increasing self-confidence and positive view of their own potential
- becoming aware of and overcoming barriers that hindered them in their professional and personal development.
- prioritization of the work area during the internship
- gaining confidence in what awaits them there.

## AFTER RETURN PHASE

- reflection of work and soft skills experience individually and in groups
- ascertaining work preferences - defining further career goals and planning successive steps to achieve them
- assistance in updating the CV in the context of skills gained during the internship
- support for employment, entrepreneurship or return to formal education





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tu môžeš rásť



[www.tvojspace.sk](http://www.tvojspace.sk)



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SPACE Brezno, SPACE Lučenec, SPACE Revúca,  
SPACE Rimavská Sobota, SPACE Zvolen



space.bystrica, space.stiavnica, space.brezno,  
space.lucenec, space.revuca, space.sobota,  
space.zvolen



# THANK YOU

Roman Bálint

The Development Agency  
of Banská Bystrica Self-Governing Region



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